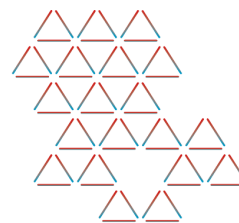




**Psychosozialer
Verbund
Rhein-Main**

Hilfe für Geflüchtete



Sprache: Englisch

Phone hotline in different languages

The spread of Corona-Virus affects everyone. At the moment, it is not possible to conduct face-to-face counselling in order to minimize the risk of infection. Everyone is advised to stay at home and to keep distance from another.

This advice may result in a narrowed mind, in anxieties or in feelings of loneliness. It may also increase thinking and rumination. Not everyone reacts the same way to this new situation. Therefore it might be helpful to share difficulties with others.

Psychosozialer Verbund Rhein-Main offers psychosocial counselling for refugees via phone in different languages. Find the languages and times below:

language(s)	Time table	number
English	Monday, 10-12 a.m. Thursday, 9-11 a.m.	01517-2118965 069-971204151
Arabic	Tuesday, 10-12 a.m. Thursday, 9-11 a.m.	0157-34252524 0178-6746047
Farsi	Wednesday, 2-4 p.m. Thursday, 9-11 a.m.	0157-34848026 0151-56949853
French	Monday, 10-12 a.m. Dienstag, 12.30-2.30 p.m.	0151-50795336 0151-20226596
Spanish	Monday, 10-12 a.m.	0151-50795336

For phone counselling in German get in touch with us during our office hours that you find on the websites below:

www.psv-rhein-main.de

